



Nursing Room Proposal Template

[Date]

[To Whom It May Concern]

It is with great respect and urgency we request your attention toward the resources available for nursing moms on campus. The current facilities available for nursing moms on campus are in need of an upgrade and refurbishment. By updating facilities we improve the health of our student body, administrative culture of our faculty and staff and the investment of our students in our institution.

[According to the CDC](#), mother's breastfeed on average of 6 months but due to cultural expectations go back to work after 3 months. When a woman goes back to work she will either stop expressing milk for her child or will continue to provide her child with breast milk by breast pumping. Nursing room facilities on campus assist women by allowing them to continue breastfeeding or breast pumping longer than the cultural expectation.

A [Nursing Room](#) is a dedicated private room other than a bathroom, shielded from view and interruption from the public, which is used by nursing mothers to express breast milk by breastfeeding or breast pumping.

BASIC REQUIREMENTS OF A NURSING ROOM

- Comfortable seating
- Table
- Outlet to connect electric breast pump
- Sink for cleaning nursing equipment
- Lockable door

As a community we can do our part to help new moms make the transition from nursing at home to breastfeeding or breast pumping for their babies in public. Pregnancy is challenging enough on a mother's health, finding a nice comfortable spot to nurse your baby shouldn't be.

[Closing]